

June Wildflowers Spotter's Sheet



STAR

FIND

Ragged Robin Silene flos-cuculi

Once a common wild flower, it is now classed as near-threatened. It is particularly beloved by long-tongued bees.

Where to find it: Wetter woods & meadows



Dog-rose Rosa canina

Syrup made from this wildflower's rosehips have twenty times as much Vitamin C as orange juice!

Where to find it: Hedgerows



Agrimony *Agrimonia eupatoria*

Also called 'church steeples' after its tall floral spikes. In Victorian times it symbolised "Thankfulness".

Where to find it: Hedgebanks, roadsides



Foxglove Digitalis purpurea

Its mottled markings were once thought to be the handprints of fairies. A single 'glove' can produce a million seeds.

Where to find it: Woods and banks



Bee Orchid Ophrys apifera

In a clever ploy to Attract pollinators, it not only looks like a bee, it also emits a female bee scent!

Where to find it: Pastures, banks, chalk



Oxeye Daisy
Leucanthemum vulgare

Often in bloom around the summer solstice. If cattle eat it, it can affect the flavour of their milk.

Where to find it: Grassy verges



Common Poppy Papaver rhoeas

Poppy seeds only sprout when the earth around them is disturbed, hence why so many grew on the battlefields of WWI.

Where to find it: Disturbed ground



Yellow Iris Iris pseudacorus

Also known as 'Yellow Flag', it grows where water runs shallow - hence it can indicate the presence of a ford.

Where to find it: Damp soil, water margins



Common Spotted-orchid Dactylorhiza fuchsii

Our commonest orchid, as its name suggests. It can range in colour from deep lilac to light pink & even pure white.

Where to find it: Alkaline grasslands



Yellow Rattle
Rhinanthus minor

Great for wildflower meadows as it restricts the growth of grasses by feeding off their nutrients.

Where to find it: Grassy banks